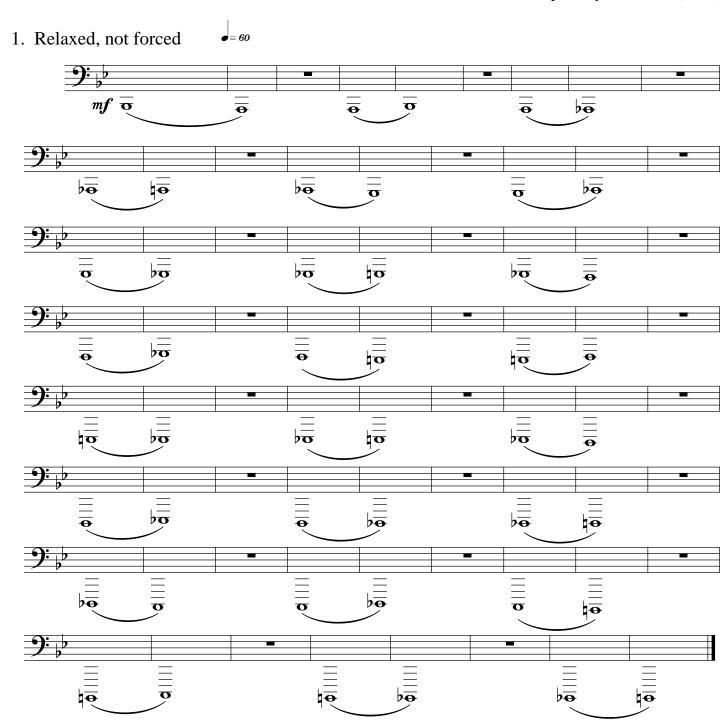
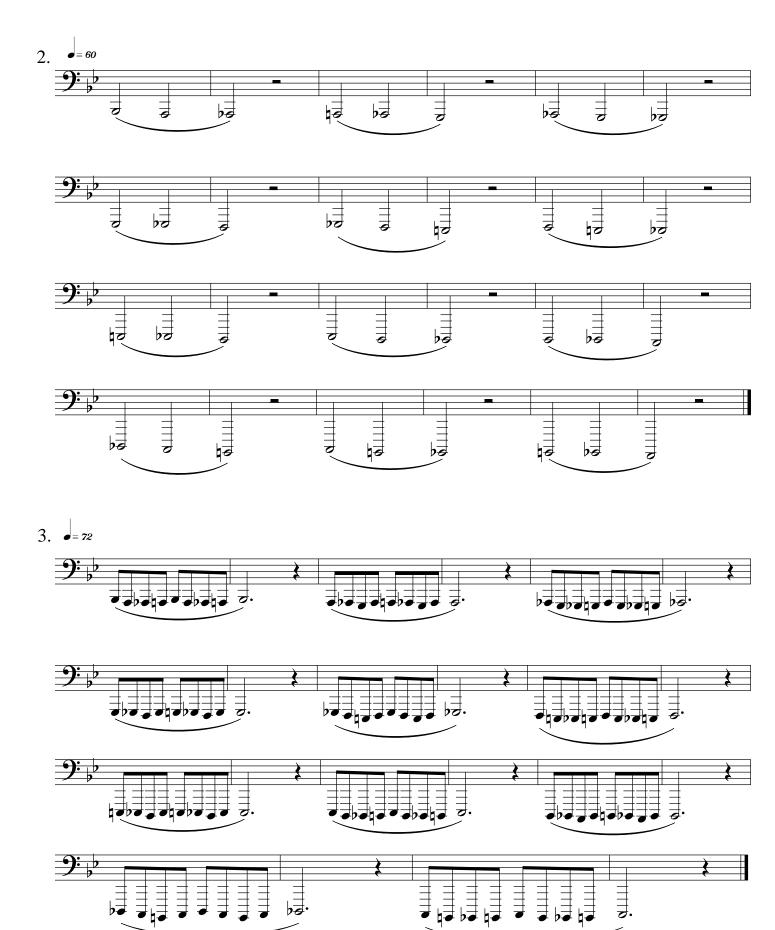
## Warmup and Daily Routine for BBb Tuba

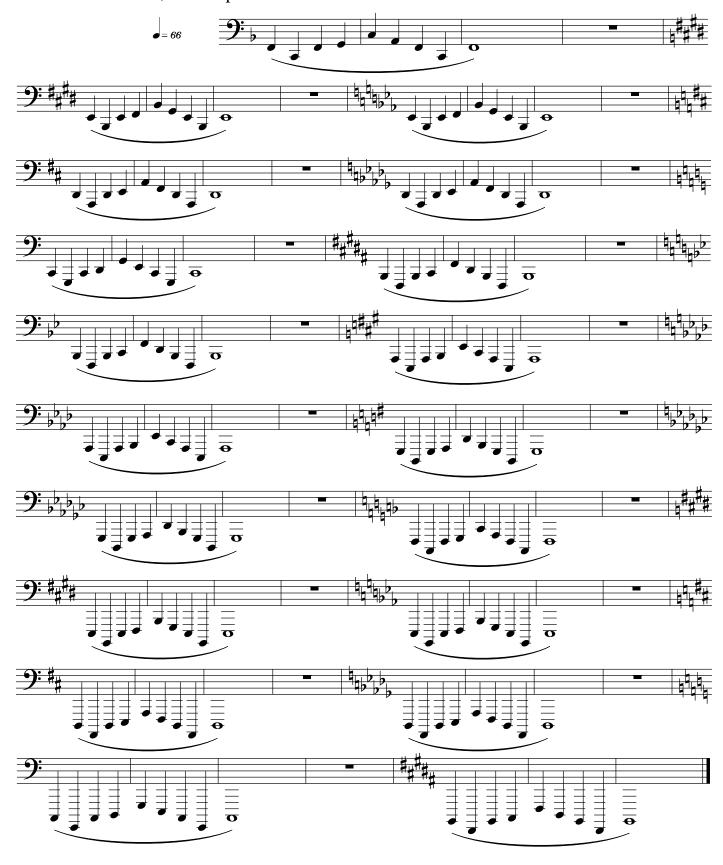
Compiled by Jeff Baker (2004)





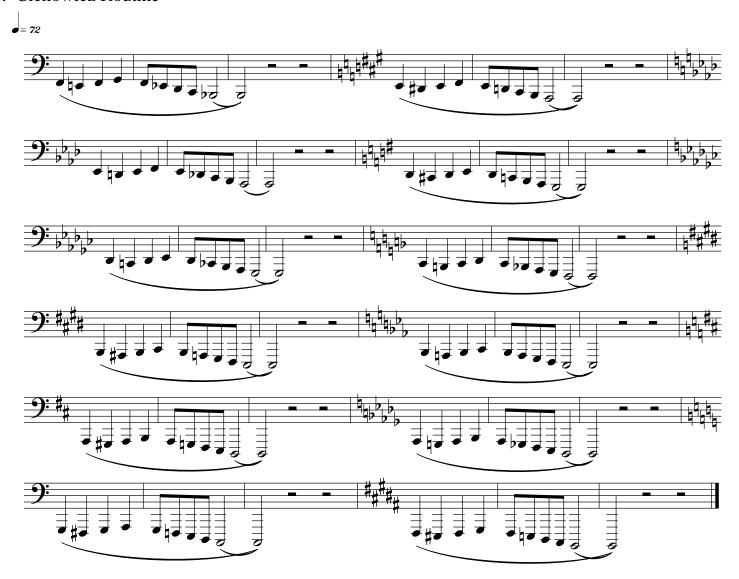
Continue as low as possible. . .

## 4. Smooth connections, no bumps in the sound

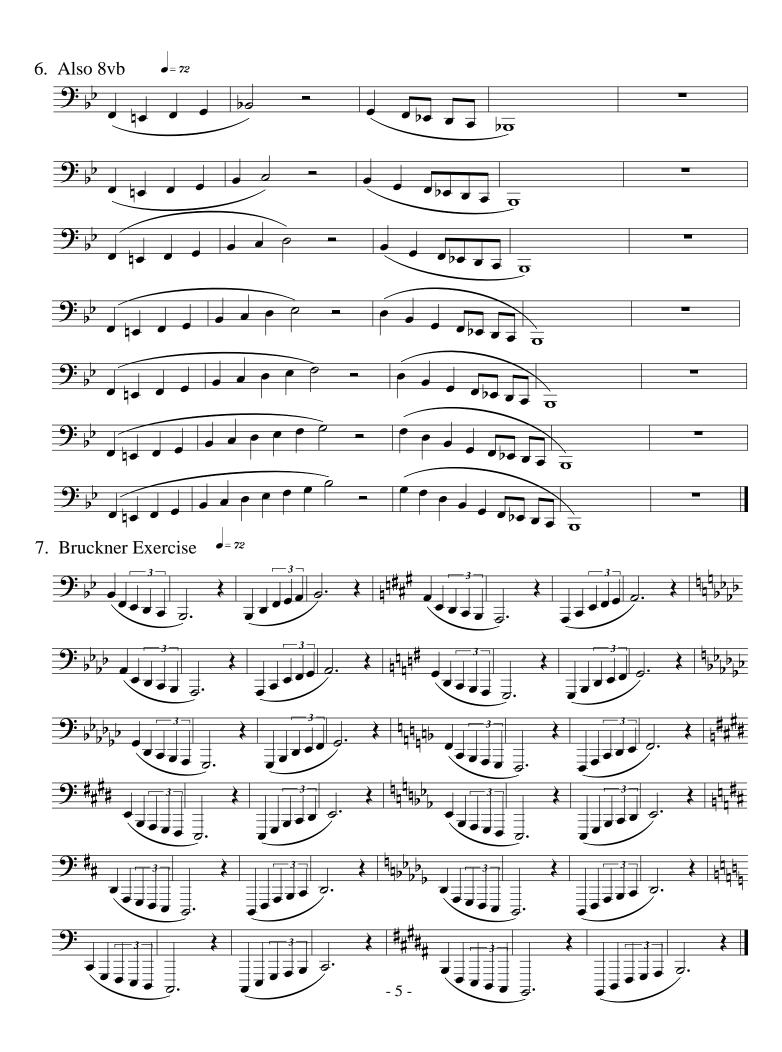


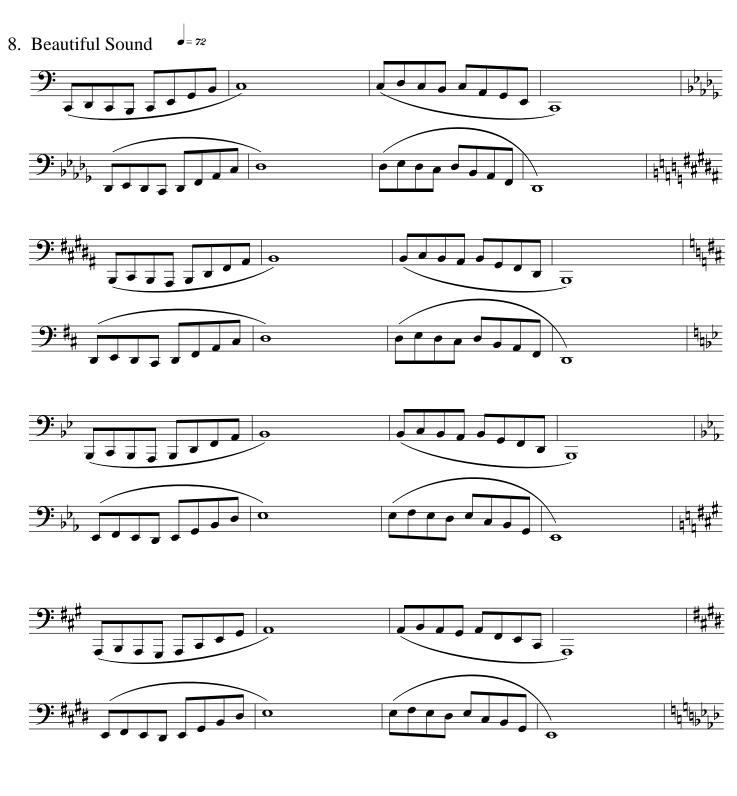
Continue as low as possible. . .

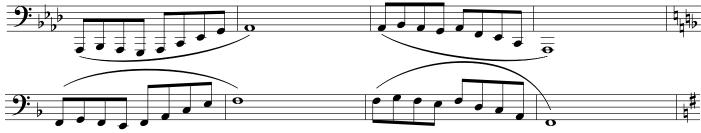
## 5. Cichowicz Routine

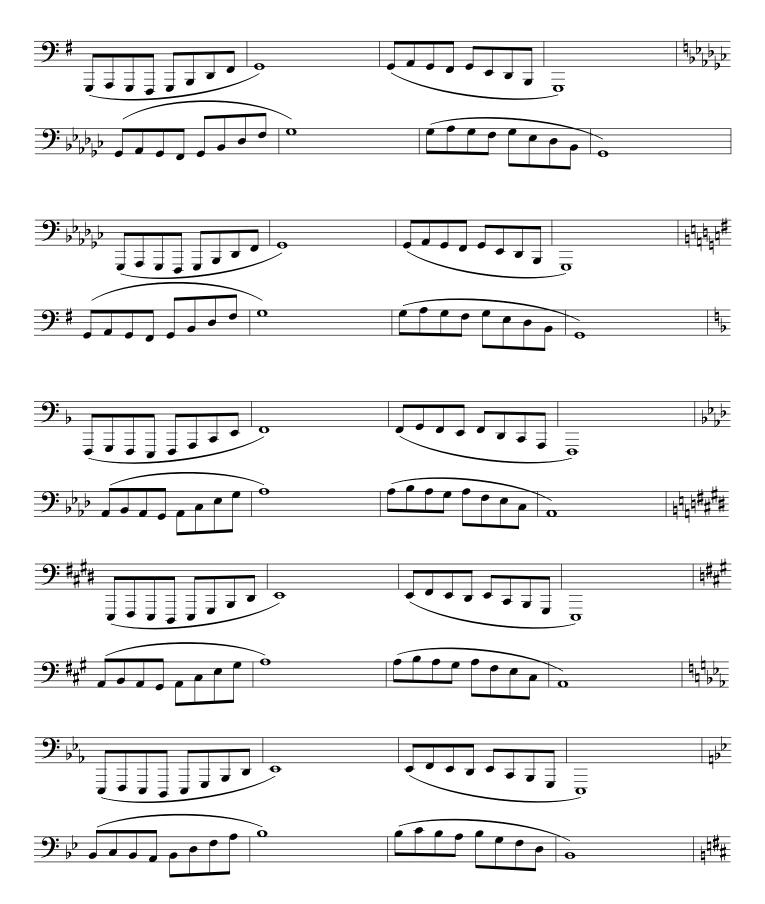


Continue as low as possible. . .













10. Lip Flexibilites - Play each line with as many valve combinations as possible



This warmup study comprises excerpts from Ted Cox, Don Little, and Sam Pilafian. Flexibility studies can be found in "Lip Flexibilities" by Bai Lin.